3

### **STEP 3: COGNITIVE SCREENING**

Standardised Assessment of Concussion (SAC)<sup>4</sup>

#### **ORIENTATION**

What month is it?	0	1
What is the date today?	0	1
What is the day of the week?	0	1
What year is it?	0	1
What time is it right now? (within 1 hour)	0	1
Orientation score		of 5

# **IMMEDIATE MEMORY**

The Immediate Memory component can be completed using the traditional 5-word per trial list or optionally using 10-words per trial to minimise any ceiling effect. All 3 trials must be administered irrespective of the number correct on the first trial. Administer at the rate of one word per second.

Please choose EITHER the 5 or 10 word list groups and circle the specific word list chosen for this test.

I am going to test your memory. I will read you a list of words and when I am done, repeat back as many words as you can remember, in any order. For Trials 2 & 3:1 am going to repeat the same list again. Repeat back as many words as you can remember in any order, even if you said the word before.

List	ist Alternate 5 word lists			Score (of 5)				
LIST		Alternate 5 word lists				Trial 1	Trial 2	Trial 3
Α	Finger	Penny	Blanket	Lemon	Insect			
В	Candle	Paper	Sugar	Sandwich	Wagon			
С	Baby	Monkey	Perfume	Sunset	Iron			
D	Elbow	Apple	Carpet	Saddle	Bubble			
Е	Jacket	Arrow	Pepper	Cotton	Movie			
F	Dollar	Honey	Mirror	Saddle	Anchor			
	Immediate Memory Score						of 15	
Time that last trial was completed								

List	List Alternate 10 word lists				Score (of 10)			
List	Alternate 10 Word lists					Trial 1	Trial 2	Trial 3
G	Finger	Penny	Blanket	Lemon	Insect			
	Candle	Paper	Sugar	Sandwich	Wagon			
Н	Baby	Monkey	Perfume	Sunset	Iron			
п	Elbow	Apple	Carpet	Saddle	Bubble			
	Jacket	Arrow	Pepper	Cotton	Movie			
'	Dollar	Honey	Mirror	Saddle	Anchor			
	Immediate Memory Score						of 30	
Time that last trial was completed								

Name:	
DOB:	
Address:	
Examiner: _	
Date:	

### CONCENTRATION

# **DIGITS BACKWARDS**

Please circle the Digit list chosen (A, B, C, D, E, F). Administer at the rate of one digit per second reading DOWN the selected column.

I am going to read a string of numbers and when I am done, you repeat them back to me in reverse order of how I read them to you. For example, if I say 7-1-9, you would say 9-1-7.

Concentration Number Lists (circle one)					
List A	List B	List C			
4-9-3	5-2-6	1-4-2	Υ	N	0
6-2-9	4-1-5	6-5-8	Υ	N	1
3-8-1-4	1-7-9-5	6-8-3-1	Υ	N	0
3-2-7-9	4-9-6-8	3-4-8-1	Υ	N	1
6-2-9-7-1	4-8-5-2-7	4-9-1-5-3	Υ	N	0
1-5-2-8-6	6-1-8-4-3	6-8-2-5-1	Υ	N	1
7-1-8-4-6-2	8-3-1-9-6-4	3-7-6-5-1-9	Υ	N	0
5-3-9-1-4-8	7-2-4-8-5-6	9-2-6-5-1-4	Υ	N	1
List D	List E	List F			
7-8-2	3-8-2	2-7-1	Υ	N	0
9-2-6	5-1-8	4-7-9	Υ	N	1
4-1-8-3	2-7-9-3	1-6-8-3	Υ	N	0
9-7-2-3	2-1-6-9	3-9-2-4	Υ	N	1
1-7-9-2-6	4-1-8-6-9	2-4-7-5-8	Υ	N	0
4-1-7-5-2	9-4-1-7-5	8-3-9-6-4	Υ	N	1
2-6-4-8-1-7	6-9-7-3-8-2	5-8-6-2-4-9	Υ	N	0
8-4-1-9-3-5	4-2-7-9-3-8	3-1-7-8-2-6	Υ	N	1
		Digits Score:			of 4

## **MONTHS IN REVERSE ORDER**

Now tell me the months of the year in reverse order. Start with the last month and go backward. So you'll say December, November. Go ahead.

Dec - Nov - Oct - Sept - Aug - Jul - Jun - May - Apr - Mar - Feb - Jan		
Months Score	of 1	
Concentration Total Score (Digits + Months)	of 5	